

Date and Location

September 24 and 25, 2009

**Lisle/Naperville Hilton
3003 Corporate West Drive
Lisle, IL 60532**

Rooms are available at the rate of \$105 per night until 9-3-09.

Go to www.hilton.com
or call 1-899-HILTONS
and mention Group Code EVC

What is NACCFA?

NACCFA is the National Association of Christian Child and Family Agencies, formed in 1993 by a group of agency directors desiring to link with others for fellowship, mutual encouragement, and opportunities to address issues from a Christ-centered perspective. Approximately 22 agencies belong to NACCFA, including adoption agencies, maternity homes, residential programs, foster care providers, and youth homes.



Schedule

Thursday, September 24

2:00 pmNACCFA Board meeting
7:00 pmNetworking Dessert

Friday, September 25

8:15 – 9:00 amCheck-in/Breakfast
9:00 – 9:15 amIntroduction
9:15 – 10:15 amKeynote Address
10:30 – 11:45 amSeminars - Block A
12 – 12:45 pmLunch
1:00 – 2:15 pmSeminars - Block B
2:30 – 3:45 pmSeminars - Block C
3:45 – 4:00 pmConference Conclusion

Host Agency

Evangelical Child and Family Agency was founded in 1950 in Chicago. It's vision is to provide compassionate, Christ-centered services that offer hope and healing to children, adults, and families.

Evangelical Child and Family Agency
1530 N. Main Street • Wheaton, IL 60187
630-653-6400 • mail@evanfca.org
www.evanfca.org



Creating Hope from Trauma

A one-day conference for
human services professionals,
students, and caregivers

**Sponsored by
NACCFA**

Purpose and Goals

To bring together agency professionals, students, and caregivers who share a common concern for those impacted by traumatic experiences.

Participants will:

- receive up-to-date, accurate, and practical information about the effects of trauma
- discover a sense of hope and inspiration for working with those recovering from traumatic life experiences
- expand relationships with those who share the common bond of caring for the trauma-afflicted
- receive 6 CEU's

Keynote Speaker

Juan Ortiz has discovered blessings in adversity. As a child, he faced the challenges of his father's verbal and physical abuse fueled by drugs and alcohol. Were it not for the courage and strength of his mother and the local church, Juan would not be alive today.



Juan is a husband, a father, and a successful businessman dedicated to teaching others. His belief and attitude that "anyone can win in life, if they are willing to change," is the reason he is sought after by organizations and companies. Juan's combination of humor, honesty, and compassion is captivating and life changing. He is an Elder and a member of the teaching team at Ginger Creek Community Church in Aurora, IL.

Seminars

10:30 to 11:45 am – Block A

Session A-1: *The Effects of Trauma on the Brain* (William Struthers, Ph.D.). This session will explore the genetic and neurological effects of traumatic experiences in children and adults.

Session A-2: *Eye Movement Desensitization and Reprocessing (EMDR) as a Treatment for Trauma and Other Problems* (Patricia Somers, Ph.D.). This session describes why EMDR has been found to be an effective treatment tool, especially for children whose trauma occurred early in life.

Session A-3: *Understanding and Partnering with Children in the Healing Process* (Nola Carew, M.S.W.). This session will provide a clearer understanding of the types of trauma in children, especially abused and neglected children with chronic or complex trauma.

1:00 to 2:15 pm – Block B

Session B-4: *Mindfulness as a Therapeutic Tool* (Julie Johnson, M.S.W., L.C.S.W.). This session will describe what mindfulness is, how it helps regulate emotions, and methods for incorporating it on a daily basis.

Session B-5: *Avoiding and Addressing Helper Burnout* (Patricia Somers, Ph.D.). This session will help identify symptoms of burnout, provide self-assessment techniques, and address prevention and coping challenges for the helper.

Session B-6: *Meeting the Challenge of Parenting a Traumatized Child* (Nola Carew, M.S.W.). This session takes a closer look inside the mind and body of a traumatized child and describes the "three R's" of trauma work – regulation, relationships, and resiliency.

2:30 to 3:45 pm – Block C

Session C-7: *Healing from the Trauma of Domestic Violence* (Paula Silva, M.A.). This session explores the false hopes of domestic violence survivors in trying to do "all the right things."

Session C-8: *The Impact of Trauma on Families* (Issam Smeir, M.A.). This session explores how trauma affects families. The presenter will also describe his perspectives regarding families in other countries.

Session C-9: *God Meant It for Good – Our Pain Redeemed* (JoAnn Nishimoto, Psy.D.). The presenter relates her own significant trauma experiences and how she dealt with them to prevent them from becoming a barrier in her practice with trauma-affected clients.

For more information about our presenters, please see our web site:
<http://www.evancfa.org/Events/naccfa.htm>