

## Seminar Information

- **Registration deadline: April 12**
- **Call 630-595-7023 after April 12 for space availability.**
- **Seminar will be held at Comfort Inn Suites. Lodging is available at a special group rate of \$75.00/night plus tax. Make reservations before April 12. Check-in time is 3 p.m.**
- **Snacks will be provided. Complimentary breakfast for Comfort Inn guests. Dinner on Friday and Saturday are on your own. Lunch for both days is included in the registration fee.**
- **Registration begins on Friday, April 16 at 8:30 a.m. The seminar on Friday and Saturday runs from 9 a.m. and ends 5 p.m.**
- **You do NOT need to purchase a Leader's Guide in order to attend this seminar.**
- **A bookstore will be available to purchase resources.**
- **American Taxi gives a special rate (this is not a free shuttle service) from O'Hare Airport to those staying at the Comfort Inn Suites. Call 877-755-2227 to schedule arrival and departure times.**



**Paula Silva**

Paula Silva is co-founder and president of FOCUS Ministries, Inc. and the director of FOCUS Women's Center in Wood Dale, IL.

She has coauthored the book, *Violence Among Us: Ministry to Families in Crisis* and the article, *Domestic Violence Among Believers*, in the 2005 Vol. 13 No. 3 issue of *Christian Counseling Today Magazine*.

She has been a guest on *Midday Connection* (Moody Broadcasting Network), the *Scott Thomas Show* (WYLL radio in Chicago), *Time for Hope*, and the *Harvest Show*.

Paula has spoken to churches, crisis pregnancy centers, MOPS, Bible studies and small groups. She has presented *Behind Closed Doors*, *What Color is Your Elephant* at seminars and *Ten Keys to Counseling Victims of Domestic Violence* workshops at the AACC World Conference in 2005. She has also trained churches and organizations about domestic violence.



**Brenda Spivey**

Brenda Spivey is the National Support Group Coordinator for FOCUS Ministries. Brenda received a B.A. in Communication and Women's Issues from the School for New Learning at DePaul University, Chicago, IL. An advocate and speaker on the subject of domestic violence awareness/prevention, she works with lawmakers, healthcare professionals, educators, and the faith community to initiate a more effective response to domestic abuse. For FOCUS Ministries, Inc., Brenda also facilitates a monthly support group for women in the Fox Valley area.

*Mail registration to:*

**FOCUS Ministries, Inc.**

P. O. Box 2014

Elmhurst, IL 60126

Phone: 630-595-7023

Email: paula@focusministries1.org

www.focusministries1.org

**TRAIN THE TRAINER**

**FOCUS Ministries, Inc.**



**Seminar for  
FOCUS Support  
Group Leaders**

**April 16-17, 2010**

**Comfort Inn Suites  
17 W 445 Roosevelt Rd.  
Oak Brook Terrace, IL 60181**



**FOCUS**  
*Support Group Leaders  
Training Weekend*

You are invited to attend a weekend training seminar for women who are:

- Interested in starting a FOCUS Support Group
- Currently leading a Bible study or support group for women
- Interested in helping other women deal with domestic violence, spousal abuse, or divorce.
- Interested in a forum for current support group leaders

*As you travel life's journey, hurting women will come across your path. Discover in this seminar what you can do to help.*

Seminar begins at 9 a.m. on Friday, April 16 and ends at 5 p.m. on Saturday, April 17. Registration is at 8:30 a.m. on Friday.

*Session 1: Starting the Journey*

- **Which way do I go?** (How to start a support group; advertising; structure of a support group)
- **Reading the road map** (Dynamics of the support group; team approach; curriculum; resources)
- **Barriers in the journey** (Identifying and handling conflict and difficult people)

*Session 2: What's in the Knapsack?*

- **What's dysfunctional about relationships?** (Dynamics of domestic violence; effects of DV on children; why does she stay?; teen dating violence; why does he do that?)
- **How can I help?** (Being an anchor in their life storms, setting boundaries with members of the group, self-care)

*Session 3: Spiritual Direction on the Journey*

- **Companions on the journey** (Reaching hearts/ touching souls; choosing companions wisely)
- **Journeying to know God** (looking at your personal journey and walking the journey with hurting women)

**Conference Registration**

**Registration by April 12** \$150.00  
*includes training manual, snacks, and lunch for both days. Note: Each person is responsible for making their own hotel reservations! Call 630-595-7023 after April 12 for space availability.*

**Support Group Leader's Guide \*** \$ 40.00

Total: \_\_\_\_\_

*Checks or Money Orders should be made payable to FOCUS Ministries. Credit card payment can only be made online at [www.focusministries1.org](http://www.focusministries1.org).*

*\* The Support Group Leader's Guide is only available for purchase by Train the Trainer attendees. This resource provides specific topics to lead a FOCUS support group. The manual may also be purchased at the seminar. Note: The Support Group Leader's Guide is not the same as the training manual.*

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Accommodations**  
Comfort Inn Suites 630-916-1000  
17 W 445 Roosevelt Rd.  
Oakbrook Terrace, IL 60181  
[www.comfortinn.com](http://www.comfortinn.com)

**Special rate if you book before April 12:**  
\$75.00/night + tax for double room (1-2 people)  
Complimentary breakfast  
**Mention FOCUS Ministries to get special rate.**