

## Seminar Information

- **Registration deadline: September 30**
- **Call 630-595-7023 after September 30 for space availability.**
- **Seminar will be held at Comfort Inn Suites. Lodging is available at special group rate of \$82.99/night plus tax. Make reservations before September 30. Check-in time is 3 p.m.**
- **Snacks will be provided. Complimentary breakfast for Comfort Inn guests. Dinner on Friday and Saturday are on your own. Lunch for both days is included in the registration fee.**
- **Registration begins on Friday, October 10 at 8:30 a.m. The seminar on Friday and Saturday runs from 9 a.m. and ends 5 p.m.**
- **You do NOT need to purchase a Leader's Guide in order to attend this seminar. If you already have one, please bring it with you.**
- **A bookstore will be available to purchase resources.**
- **American Taxi gives a special rate (this is not a free shuttle service) from O'Hare Airport to those staying at the Comfort Inn Suites. Call 877-755-2227 to schedule arrival and departure times.**

## Workshop Leaders



### *Paula Silva*

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Paula is co-founder and president of FOCUS Ministries, Inc. Her M.A. in Counseling is from Northeastern IL University. She is the National Support Group Director for FOCUS Ministries, a support group leader, speaker, workshop leader, and coauthor of *Violence Among Us: Ministry to Families in Crisis*.



### *Brenda Spivey*

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Brenda received a B.A. in Communication and Women's Issues from the School for New Learning at DePaul University, Chicago, IL. An advocate and speaker on the subject of domestic violence awareness/prevention, she works with lawmakers, healthcare professionals, educators, and the faith community to initiate a more effective response to domestic abuse. For FOCUS Ministries, Inc., Brenda also facilitates a monthly support group for women in the Fox Valley area.



### *Joan Luck*

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Joan is a graduate of Moody Bible Institute in Christian education. She taught Bible in the public elementary school in Chattanooga, TN. Over the years she has served in various capacities with Christian organizations such as Moody, Probe Ministries, Lode Star Ministries, and FOCUS Ministries. Joan has shepherded the Wheaton, IL chapter of FOCUS Ministries since 2000.

*Mail registration to:*

**FOCUS Ministries, Inc.**

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P. O. Box 2014  
Elmhurst, IL 60126  
Phone: 630-595-7023  
Email: paula@focusministries1.org  
www.focusministries1.org

**TRAIN THE TRAINER**

**FOCUS Ministries, Inc.**



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**Seminar for  
FOCUS Support  
Group Leaders**

**October 10-11, 2008**

**Comfort Inn Suites  
17 W 445 Roosevelt Rd.  
Oak Brook Terrace, IL 60181**



**FOCUS**  
*Support Group Leaders  
Training Weekend*

You are invited to attend a weekend training seminar for women who are:

- Interested in starting a FOCUS Support Group
- Currently leading a Bible study or support group for women
- Interested in helping other women deal with domestic violence, spousal abuse, or divorce.
- Interested in a forum for current support group leaders

*As you travel life's journey, hurting women will come across your path. Discover in this seminar what you can do to help.*

Seminar begins at 9 a.m. on Friday, Oct. 10 and ends at 5 p.m. on Saturday, Oct. 11. Registration is at 8:30 a.m. on Friday.

*Session 1: Starting the Journey*

- **Which way do I go?** (*How to start a support group; advertising; structure of a support group*)
- **Reading the road map** (*Dynamics of the support group; team approach; curriculum; resources*)
- **Barriers in the journey** (*Identifying and handling conflict and difficult people*)

*Session 2: What's in the Knapsack?*

- **What's dysfunctional about relationships?** (*Dynamics of domestic violence; effects of DV on children; why does she stay?; teen dating violence; why does he do that?*)
- **How can I help?** (*Being an anchor in their life storms, setting boundaries with members of the group, self-care*)

*Session 3: Spiritual Direction on the Journey*

- **Companions on the journey** (*Reaching hearts/ touching souls; choosing companions wisely*)
- **Journeying to know God** (*looking at your personal journey and walking the journey with hurting women*)

**Conference Registration**

**Registration by September 30** \$100.00  
*includes training manual, snacks, and lunch for both days. Note: Each person is responsible for making their own hotel reservations! Call 630-595-7023 after September 30 for space availability.*

**Support Group Leader's Guide \*** \$ 30.00

Total: \_\_\_\_\_

**Checks or Money Orders should be made payable to FOCUS Ministries. Credit card payment can only be made online at [www.focusministries1.org](http://www.focusministries1.org).**

*\* You do not have to purchase a Leader's Guide in order to attend this seminar. However, it is a helpful resource for anyone leading a FOCUS Support Group. Manual may also be purchased at the seminar or ordered later. Note: Leader's Guide is not the same as the training manual.*

Name \_\_\_\_\_

Address \_\_\_\_\_

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\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_

**Accommodations**  
Comfort Inn Suites 630-916-1000  
17 W 445 Roosevelt Rd.  
Oakbrook Terrace, IL 60181  
[www.comfortinn.com](http://www.comfortinn.com)

**Special rate if you book before September 30:**  
\$82.99/night + tax for double room (1-2 people)  
Complimentary breakfast  
**Mention FOCUS Ministries to get special rate.**